

PARK HOLIDAYS		Allergen Information -2022																				
Breakfast		Peanuts	Other Nuts	Eggs	Fish	Crustaceans	Molluscs	Milk	Soya	Wheat	Barley	Oats	Rye	Spelt	Kamullt	Sesame	Celery	Mustard	Luppin	Suphites	Gluten	
	Full Monty			✓					✓	✓	✓	✓	✓	✓						✓	✓	
	Lite with Beans			✓					✓	✓	✓	✓	✓	✓						✓	✓	
	Lite with Tomatoes			✓					✓	✓	✓	✓	✓	✓						✓	✓	
	Veg Breakfast			✓					✓	✓	✓	✓	✓	✓						✓	✓	
	Continental	✓	✓						✓	✓	✓	✓	✓	✓							✓	
	American			✓					✓	✓	✓	✓	✓	✓							✓	
	Bacon Bun								✓	✓	✓	✓	✓	✓		✓					✓	
	Sausage Bun								✓	✓	✓	✓	✓	✓		✓					✓	
	Egg Bun			✓					✓	✓	✓	✓	✓	✓							✓	
	Bacon Egg Bun			✓					✓	✓	✓	✓	✓	✓		✓					✓	
	Sausage, Egg Bun			✓					✓	✓	✓	✓	✓	✓		✓					✓	
	Bacon, Sausage, Egg Bun			✓					✓	✓	✓	✓	✓	✓		✓					✓	
	Egg			✓																	✓	
	Sausage								✓												✓	
	Bacon																				✓	
	Beans																					
	Tomatoes																					
	Hash Browns																					
	Corn Flakes and Milk							✓			✓										✓	
	Rice Crispies and Milk							✓			✓										✓	
	Alpen and Milk	✓	✓										✓								✓	
	Weetabix and Milk							✓			✓										✓	
	Special K and Milk							✓			✓										✓	
	Coco Pops and Milk							✓			✓										✓	
	Fruit & Fibre and Milk	✓	✓					✓			✓										✓	
	Crunchy Nut and Milk	✓	✓					✓			✓										✓	
	Orange Juice																					
	Apple Juice																					
	Toast and Butter							✓	✓	✓	✓	✓	✓	✓							✓	
	Toast and Jam							✓	✓	✓	✓	✓	✓	✓							✓	
		Peanuts	Other Nuts	Eggs	Fish	Crustaceans	Molluscs	Milk	Soya	Wheat	Barley	Oats	Rye	Spelt	Kamullt	Sesame	Celery	Mustard	Luppin	Suphites	Gluten	
Snack menu	Cheese Pizza							✓		✓	✓										✓	
	Pepperoni Pizza							✓		✓	✓										✓	
	Cheeseburger and Chips							✓		✓	✓					✓	✓				✓	
	Chicken Burger and Chips							✓		✓	✓										✓	
	Scampi and Chips				✓			✓		✓	✓										✓	
	Wings and Chips							✓		✓	✓							✓			✓	
	Chips and Cheese							✓		✓	✓										✓	
	Chips and Gravy							✓		✓	✓										✓	
	Chips and Curry			✓				✓	✓	✓	✓	✓	✓	✓	✓			✓	✓		✓	
	Chips							✓		✓	✓										✓	
	Onion Rings							✓		✓	✓										✓	
		Peanuts	Other Nuts	Eggs	Fish	Crustaceans	Molluscs	Milk	Soya	Wheat	Barley	Oats	Rye	Spelt	Kamullt	Sesame	Celery	Mustard	Luppin	Suphites	Gluten	
Spring Menu	King Prawn Rolls	✓	✓		✓					✓						✓					✓	Dipping sauce
Starters	Garlic Bread	✓	✓			✓			✓	✓	✓										✓	
	Cheesy Garlic Bread							✓	✓	✓	✓										✓	
	Breaded Mushrooms			✓					✓	✓	✓										✓	
	Chicken Wings								✓	✓	✓										✓	
	Sharing Platter	✓	✓	✓						✓	✓								✓		✓	
Favourites	Roast Chicken							✓		✓	✓							✓			✓	
	Steak and Ale Pie							✓	✓	✓	✓						✓				✓	
	Steak, Mushroom and Irish Stout Pie							✓	✓	✓	✓										✓	
	Chicken New Yorker			✓				✓	✓	✓	✓								✓		✓	
	Fish and Chips			✓	✓			✓	✓	✓	✓										✓	
	Scampi				✓			✓	✓	✓	✓										✓	
	Sausage and Mash							✓	✓	✓	✓										✓	
	Chicken Murgh							✓	✓	✓	✓										✓	
	Red Thai Veg Curry							✓	✓	✓	✓										✓	
		Peanuts	Other Nuts	Eggs	Fish	Crustaceans	Molluscs	Milk	Soya	Wheat	Barley	Oats	Rye	Spelt	Kamullt	Sesame	Celery	Mustard	Luppin	Suphites	Gluten	
Country Choice	4' Sausage Roll							✓		✓											✓	✓
Menu Item	Bacon Cheese Turnover							✓		✓											✓	✓
	Chicken & Mushroom Bake							✓		✓							✓				✓	✓
	Steak Bake							✓		✓	✓										✓	✓
	Cheese & Onion Lattice Bake			✓				✓		✓	✓										✓	✓
	Small Steak Pastie			✓				✓		✓	✓										✓	✓
	Classic Potato Dog							✓		✓	✓											None
	Hudson's Hotdog Sausage and Bun							✓		✓	✓										✓	see bottom
	CC Parisiennes							✓		✓	✓	✓	✓	✓							✓	✓
	CC Small White Baguette							✓		✓	✓	✓	✓	✓							✓	✓
	CC Bloomer							✓		✓	✓	✓	✓	✓							✓	✓
	Batched Crusty Rolls							✓		✓	✓	✓	✓	✓							✓	✓
	Sugar Jam Doughnuts			✓				✓	✓	✓	✓	✓	✓	✓			✓				✓	✓
	Sugar Double Chocolate Doughnuts			✓				✓	✓	✓	✓	✓	✓	✓			✓				✓	✓
	Croissant			✓				✓		✓	✓	✓	✓	✓							✓	✓
	Pain au Chocolat			✓				✓		✓	✓	✓	✓	✓							✓	✓
		Peanuts	Other Nuts	Eggs	Fish	Crustaceans	Molluscs	Milk	Soya	Wheat	Barley	Oats	Rye	Spelt	Kamullt	Sesame	Celery	Mustard	Luppin	Suphites	Gluten	
Burgers and Grill	House Cheeseburger			✓				✓		✓	✓	✓	✓	✓		✓	✓	✓			✓	✓
	Bacon BBO Burger			✓				✓		✓	✓	✓	✓	✓		✓	✓	✓			✓	✓
	Hot Fried Chicken			✓				✓		✓	✓	✓	✓	✓		✓	✓	✓			✓	✓
	Veg Burger			✓				✓		✓	✓	✓	✓	✓		✓	✓	✓			✓	✓
	Crispy Cod Burger			✓	✓			✓	✓	✓	✓	✓	✓	✓		✓	✓	✓			✓	✓
	Gammon Steak			✓				✓		✓	✓	✓	✓	✓		✓	✓	✓			✓	✓
	Sirloin Steak							✓		✓	✓	✓	✓	✓		✓	✓	✓			✓	✓
	Peppercorn Sauce			✓				✓		✓	✓	✓	✓	✓		✓	✓	✓			✓	✓
	Diane Sauce			✓				✓		✓	✓	✓	✓	✓		✓	✓	✓			✓	✓
Pizza And Pasta	Cheese Pizza							✓		✓	✓										✓	✓
	Pepperoni Pizza							✓		✓	✓										✓	✓
	Broccoli and Cheese Bake	✓	✓	✓				✓		✓	✓					✓	✓	✓			✓	✓
	Mac n Cheese							✓		✓	✓					✓	✓	✓			✓	✓
	Lasagne			✓				✓		✓	✓					✓	✓	✓			✓	✓
Roast	Adults			✓				✓		✓	✓					✓	✓	✓			✓	✓
	Kids			✓				✓		✓	✓					✓	✓	✓			✓	✓
Sides	Garlic Bread							✓		✓	✓										✓	✓
	Cheesy Garlic Bread							✓		✓	✓										✓	✓
	Chips							✓		✓	✓										✓	✓
	Dirty House Fries							✓		✓	✓										✓	✓
	Onion Rings							✓		✓	✓										✓	✓
		Peanuts	Other Nuts	Eggs	Fish	Crustaceans	Molluscs	Milk	Soya	Wheat	Barley	Oats	Rye	Spelt	Kamullt	Sesame	Celery	Mustard	Luppin	Suphites	Gluten	
Desserts	Churros	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓			✓	✓			✓	✓
	Sticky Toffee Pudding with Ice Cream	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓			✓	✓			✓	✓
	Sticky Toffee Pudding with Cream	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓			✓	✓			✓	✓
	Sticky Toffee Pudding with Custard	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓			✓	✓			✓	✓
	Pancakes and Syrup			✓				✓		✓	✓	✓	✓	✓							✓	✓
	Mega Sundae			✓				✓	✓	✓	✓</											